

# Project Performance Report

Q2 - 2022/23 (July - September 2022)

Covid-19 Innovation & Adaptation





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April 2022 -  
March 2023

Front cover and photo to the left taken by  
Leyla Nayeri  
[thestoryofyou.co.uk](http://thestoryofyou.co.uk)



# North Area Council Priorities



**Anti Poverty**



**Improving the local environment**



**Health & Wellbeing**



**Economic Regeneration**



**Opportunities for young people**



**Changing the relationship**

Contributing to the following Corporate Priorities and Outcomes:

## Barnsley - the place of possibilities

Healthy Barnsley	Learning Barnsley	Growing Barnsley	Sustainable Barnsley
People are safe and feel safe	People have the opportunities for lifelong learning and developing new skills including access to apprenticeships	Business start ups and existing local businesses are supported to grow and attract new investment, providing opportunities	People live in great places, are recycling more and wasting less, feel connected and valued in their community.
People live independently with good physical and mental health for as long as possible	Children and young people achieve the best outcomes through improved educational achievement and attainment	People have a welcoming safe and enjoyable town centre and physical towns as destinations for work, shopping leisure and culture	Our heritage and green spaces are promoted for all people to enjoy
We have reduced inequalities in health and income across the borough	People have access to early help and support	People are supported to have safe, warm sustainable homes	Fossil fuels are being replaced by affordable and sustainable energy and people are able to enjoy more cycling and walking





















## Enabling Barnsley

We are a modern, inclusive, efficient, productive and high-performing council



# Contractual Overview

Table 1 below shows the Providers that have now been appointed to deliver a series of services that address the priorities and deliver the outcomes and social value objectives for the North Area Council.

Service	Priorities	Provider	Contract Value (per year)	Start Date	Updates
Anti Poverty Outreach Page 8	 <b>Economic Regeneration</b>  <b>Health &amp; Wellbeing</b>  <b>Anti Poverty</b>	 	£190,000 2 years (+1 year)	14th September 2017	Contract Live Contract extended
Environmental Education Page 14	 <b>Improving the environment</b>  <b>Health &amp; Wellbeing</b>  <b>Young People</b>		£169,932 2 years (+1 year)	1st April 2021	Contract Live - Year 2 milestones updated
Economic Regeneration	 <b>Improving the local economy</b>				Current gap in provision
Housing & Cohesion Officer Page 21	 <b>Improving the environment</b>  <b>Changing the Relationship</b>  <b>Economic Regeneration</b>  <b>Anti Poverty</b>  <b>Health &amp; Wellbeing</b>		£35,500 12 month contract	19th October 2020	6 months notice period required
Youth Resilience Page 24	 <b>Improving the environment</b>  <b>Health &amp; Wellbeing</b>  <b>Young People</b>		£90,000 2 years (+1yr)	1st November 2020	Funding confirmed until 31/10/2024



**Our Council Plan  
2021 -2024**

**COMMISSIONS**

Anti-Poverty  
Outreach

Environmental  
Education

Connecting  
Communities

Housing &  
Cohesion &  
Officer

Social  
Inclusion &  
Cold Homes

Youth  
Resilience

**Healthy  
Barnsley**

People are safe and feel safe



People live independently with good physical and mental health for as long as possible



We have reduced inequalities in health and income across the borough



**Growing  
Barnsley**

Business start ups and existing local businesses are supported to grow and attract new investment, providing opportunities



People have a welcoming safe and enjoyable town centre and physical towns as destinations for work, shopping leisure and culture



People are supported to have safe, warm sustainable homes



**Learning  
Barnsley**

People have the opportunities for lifelong learning and developing new skills including access to apprenticeships



Children and young people achieve the best outcomes through improved educational achievement and attainment



People have access to early help and support



**Sustainable  
Barnsley**

People live in great places, are recycling more and wasting less, feel connected and valued in their community.



Our heritage and green spaces are promoted for all people to enjoy

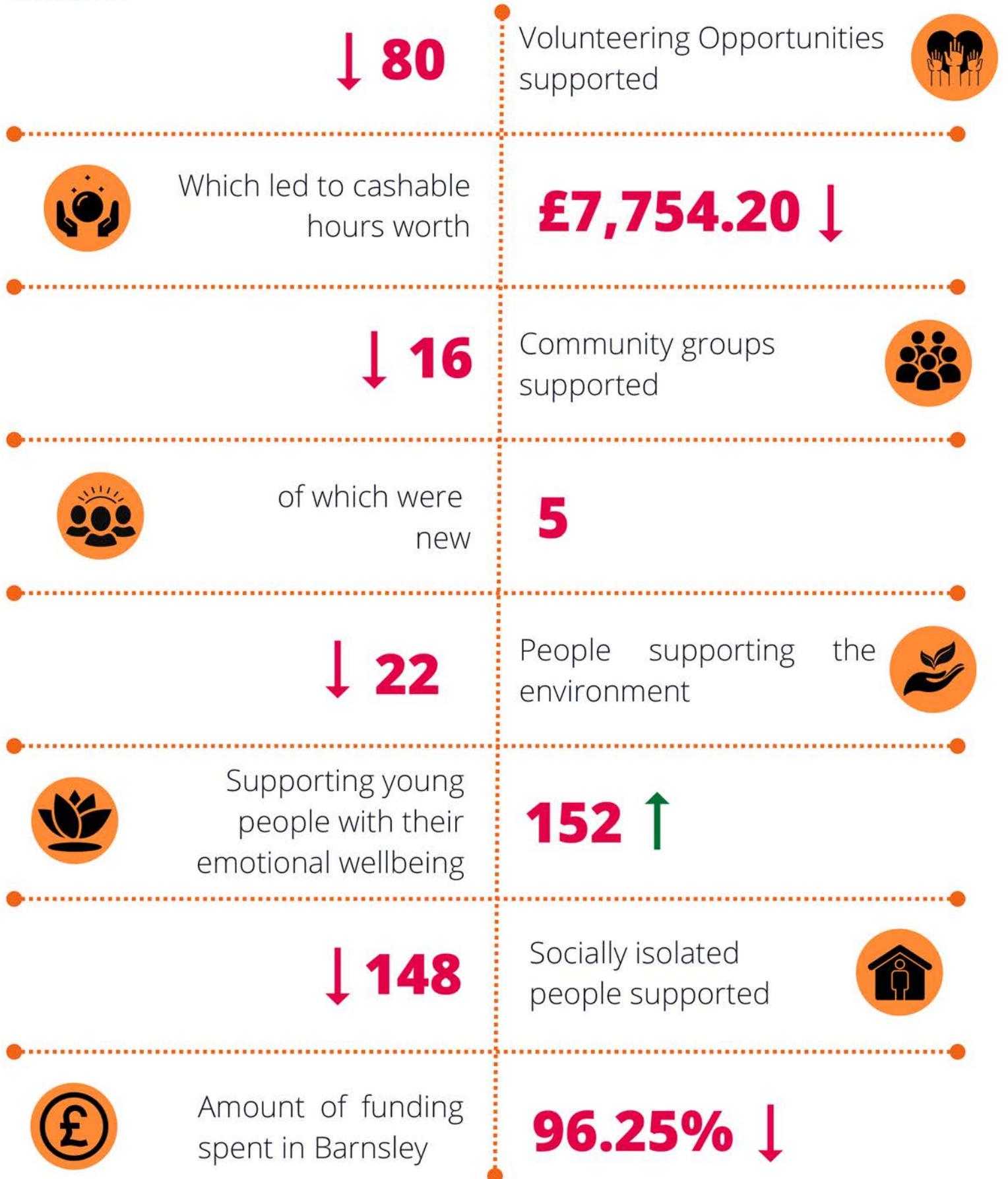


Fossil fuels are being replaced by affordable and sustainable energy and people are able to enjoy more cycling and walking



# Stronger Communities Key Performance Indicators

Table 2 below shows the Providers contribute towards the Key Performance Indicators and deliver the outcomes and social value objectives for the Stronger Communities directorate



\*Performance reporting data outstanding for Ad Astra (term time reporting agreed) & Twiggs Ground Maintenance



# Part A: Overview of performance

3 contracts have formally completed their contract monitoring/contract management reporting for Q2 2022/23. The following tables, therefore, reflect the overview of the performance of **3 live contracts** only.

These contracts are:



**CAB & DIAL**  
**Second Contract**  
**Year 4**  
**Q3**

Anti - Poverty



**Twiggs**  
**Second Contract**  
**Year 2**  
**Q1**

Environmental  
Education

Two providers are currently delivering the Youth Resilience Grant



**Ad Astra**  
**YMCA**

Youth Resilience  
Fund

The North Area also funds contracted posts:



**Post holder**  
**commenced**  
**employment on**  
**19th October 2020**

Housing and  
Cohesion Officer

Three providers are delivering the connecting communities grant



**Age UK**  
**DIAL**  
**Reds in the**  
**Community**

Connecting  
Communities





Economic  
Regeneration



Health &  
Wellbeing



Anti Poverty

# Anti-Poverty Outreach



## 613

Number of clients this  
quarter

## 87%

Local people feel more  
able to manage their own  
affairs

## 75%

Local residents  
experienced improved  
health and wellbeing

- Satisfactory quarterly monitoring report and contract management meeting.
- Milestones achieved
- Outcome indicator targets met
- Social value targets met
- Satisfactory spend and financial information
- Overall satisfaction with delivery against contract

## Service Outline

Delivered by Citizens Advice Barnsley and DIAL Barnsley, the NAC Outreach service advises local people on all the issues they face. Their services are free, confidential, impartial & available to everyone.

Both providers deliver AQS quality marked advice that is independently and externally audited. They advise on all categories of law including debt and money worries, in-work, out-of-work and disability benefits; housing and homelessness; employment; relationship and consumer issues. This breadth of knowledge means they are uniquely qualified to provide wrap-around services to support people with multiple interlinked issues. They help clients sort out problems before they reach crisis point and through income maximisation & debt management, they help stabilise people's finances to prevent and reduce the impact of poverty. The client feedback they gather shows this advice work helps to improve health and wellbeing and reduces stress.





Economic  
Regeneration



Health &  
Wellbeing



Anti Poverty

# Anti-Poverty Outreach



**3**

Cases of homelessness  
prevented

**£469,734**

Overall benefit gain (in £)

**£37,910**

Amount of debt managed

**£21**

Return on investment (for  
every pound spent)

## Extract from performance report

In the period 1st July to 30th September 2022, advisers from both organisations have provided information and advice to 613 client contact, supported clients to claim £469,734 of welfare benefits and manage £37,910 of debt.

As in previous reports, most clients for both organisations accessed the service to help with benefit-related issues. The generalist adviser from CAB has also supported clients with a range of other issues including debt, consumer, housing, relationship and family issues, employment, legal, utilities & communication, health & community care, travel and transport, charitable support and Food Banks, immigration & asylum and other issues.

Of the 613 client contacts, this quarter 187 have required help with form filling – a total of 31% of the clients, the majority of which are related to the benefits system.

During this quarter, CAB dealt with 24 clients (49 client contacts) whose main issue was related to debt. In total, we helped 10 clients manage £37,910 of debt an average of £3,791 per client. 6 clients were sent for fast-track specialist debt support with the CAB debt workers.





# Citizen's Advice Barnsley

## Case Study

### Background

Jack had called in because he wanted to know what he should do about a telephone call he had received.

At first, Jack was shocked by the call: the woman claimed to be from HMRC. She stated her ID number, adding convincing detail to the call. She claimed that Jack owed money for outstanding taxes due to fraudulent tax returns. The sum was significant - several hundred - and the woman went on to say that non-payment would result in a huge fine - or even prison!

Initially, Jack was taken aback and gave his name when the caller asked. However, that made Jack hesitate - the caller had not actually addressed him by name, only asked him to provide it to confirm their details. Surely they would have asked for him by name to ensure they were talking to the relevant person? Besides, he was pretty sure that he did not owe taxes.

Playing for time, Jack asked the caller to ring him back in a few minutes; he wanted to have someone else there to listen in and witness what was said. He suspected this was one of those scams he had heard of. Sure enough, no further call came, and when Jack tried ringing back the number displayed on his phone, it was unavailable.

The following day, Jack decided to call the Citizens Advice Barnsley outreach close to where he lived. The adviser confirmed that this was certainly a scam and reported it on Jack's behalf, explaining that the Citizens Advice scam-reporting team might contact him for further details. He also suggested that in future, Jack shouldn't give any personal information and gave him links to read other advice about avoiding scams and reporting the issue to HMRC.

The adviser assured Jack that he could come back at any time if he needed further assistance or the scammer made further contact. Happily, this time the attempt had failed!

**“I just don't want this happening to anyone else - especially if they actually paid up!”**

**Jack**

Explained to the adviser at the Citizens Advice Barnsley outreach session





# Citizen's Advice Barnsley

## Case Study

“

**“I seriously couldn't cope and just having Duncan listen to me was a relief.**

**He has put everything into place to get me the best support and Dave contacted my gas etc to sort my stuff out. He has even given me tips how to cut down drafts and save energy. With everything that is going off loads more people are going to need your support and I won't hesitate to tell anyone who's struggling**

Mr A

”

### **Before DIAL**

Mr A is a gentleman in his 50s who has breathing difficulties, a heart condition and mental ill health made worse by the end of his recent end of employment. He was employed full-time, and his accommodation was provided by his employer as part of his contract of work. He lived in the accommodation with his girlfriend and young child, and they had been offered a 2 bedroom bungalow by Berneslai Homes due to homelessness. Unfortunately, the stress of the situation led to a breakdown in the relationship and Mr A moved into the property alone and was struggling to come to terms with the situation and deal with his new energy suppliers etc as they were in his partner's or both names. His partner used to deal with all bills and payments, so it was causing a crisis for Mr A and impacting further on his mental ill health.

### **The advice provided by DIAL**

When Mr attended the outreach session DIAL undertook a comprehensive benefit check and review of his situation. He had already started a claim for Universal Credit so we completed the application with him. We advised him to get a Fit Note from his GP and informed the Universal Credit of his inability to work. We also made an application for Personal Independence Payment and helped him to complete the PIP2 form and updated his Council Tax Reduction application to reflect him being a single person. We referred him to DIAL's Warm Connections service and he was visited at home by one of our energy case workers. They contacted his energy companies and changed all the accounts into his name and gave accurate meter readings to each company and registered him for priority services. We are still supporting Mr A with his benefit applications and he is still being supported by our Warm Connections Team. We have also referred him to our Connect Together service for when he is feeling more able.

### **After DIAL**

DIAL's support for Mr A is ongoing. He has received some payments of Universal Credit but not had his assessment for his Personal Independence Payment and we are waiting for his Capability to Work Questionnaire (UC50). He is also still being supported by our Warm Connections Team.





Economic  
Regeneration



Health &  
Wellbeing



Anti Poverty

# Anti-Poverty Outreach



## How does the commission meets the Council Plan?

Our Council Plan  
2021 -2024

### Healthy Barnsley

- People are safe and feel safe
- People live independently with good physical and mental health for as long as possible
- We have reduced inequalities in health and income across the borough

### Learning Barnsley

- People have access to early help and support

### Sustainable Barnsley

- People live in great places, are recycling more and wasting less, feel connected and valued in their community.

### Growing Barnsley

- People are supported to have safe, warm sustainable homes

\*CAB & DIAL contribution to public health outcomes

### Improving the wider determinants of health

**Objective 1: improvements against wider factors which affect health & wellbeing and health inequalities**

1.09 | Sickness absence rate

1.15 | Statutory homelessness

### Health improvement

**Objective 2: people are helped to live healthy lifestyles, make healthy choices and reduce health inequalities**

2.23 | Self-reporting wellbeing

### Health public health and preventing premature mortality

**Objective 4: reduce numbers of people living with preventable ill health and people dying prematurely, whilst reducing the gap between communities**

4.13 | Health related quality of life for older people

4.15 | Excess winter deaths



Do you live or work in the North Area?

# Do you need advice?

We can help with Debt & Money Worries, Benefits, Housing, Employment, Relationship, Consumer & Energy issues

Our advisers will be providing free, impartial and confidential advice at the following times:

**Emmanuel Church, Huddersfield Road, S75 1DT**

Every Monday, 9am - 1pm

**Mapplewell Village Hall, Darton Lane, S75 6AL**

1st and 3rd Tuesday of every month, 4.30pm - 7.00pm

**Roundhouse Lifelong Learning Centre, Laithes Crescent, S71 3AE**

2nd and 4th Tuesday of every month, 2.30pm - 5.00pm

**Mapplewell Village Hall, Darton Lane, S75 6AL**

Every Wednesday 1.00pm - 5.00pm

**The Darton Centre, Huddersfield Road, S75 5ND**

Every Thursday 9.00am - 1.00pm

**Roundhouse Lifelong Learning Centre, Laithes Crescent, S71 3AE**

Every Friday 9.00am - 1.00pm

**No appointment needed**  
You can just drop-in!



**North Area Council**

Darton East, Darton West, Old Town, St Helens







Improving the local environment



Health & Wellbeing



Opportunities for young people

# Environmental Education

**TWIGGS**  
Grounds Maintenance LTD



## How the commission meets the Council Plan?

Our Council Plan  
2021 -2024

### Learning Barnsley

- Children and young people achieve the best outcomes through improved educational achievement and attainment.
- People have the opportunities for lifelong learning and developing new skills including access to apprenticeships.

### Sustainable Barnsley

- People live in great places, are recycling more and wasting less, feel connected and valued in their community.
- Our heritage and green spaces are promoted for all people to enjoy.

- Satisfactory quarterly monitoring report and contract management meeting.
- Milestones achieved
- Outcome indicator targets met
- Social value targets met
- Satisfactory spend and financial information
- Overall satisfaction with delivery against contract

### Purpose and Function Overview

During this quarter the business parted company with the Area Team Leader and had to integrate a new leader for the area. The transition once organised was seamless, allowing the new team leader to quickly gain experience in the position and make it his own. The Team Leader handover took place in July, during the transition any events organised were covered. The new Team Leader was previously an apprentice within the business and has now fully embraced his new role. They are showing a great passion for the area and working with volunteers to make a difference. The work carried out in all the wards is showing fantastic environmental results, with dedicated new and sustained volunteers. The highlight of this quarter is the work carried out on Bridge Street and Dearne Street along with the activities which have taken place at New Lodge Village Green.

Over the course of the quarter, the team has gained further new volunteer engagement and have used knowledge to teach volunteers the best practice and methods of working during activities.







**Improving the  
local  
environment**



**Health &  
Wellbeing**



**Opportunities  
for young  
people**

# Environmental Education

<b>Performance Indicator</b>	<b>Yr 1 Target</b>	<b>Q1</b>	<b>Q2</b>	<b>Q3</b>	<b>Q4</b>	<b>Cumulative</b>
Number of community clean-ups	40	69	65	59	60	253
Twiggs social action events	10	0	-	-	-	8
New community groups supported	4	4	2	0	4	10
No. of sustained volunteers (recruited and retained)	80	63	134	144	129	470
Number of new volunteers at Twiggs events	120	6	8	151	24	189
Areas of blight targeted	100	42	48	21	95	206
Local business engagement	50	8	16	30	22	76
Number of volunteers trained (6 week active volunteer course)	40	30	27	6	10	73
Local spend	90%	90%	/	95%	95%	93.3%

<b>Performance Indicator</b>	<b>Yr 2 Target</b>	<b>Q1</b>	<b>Q2</b>	<b>Q3</b>	<b>Q4</b>	<b>Cumulative</b>
Number of community clean-ups	40	94				94
Twiggs social action events	10	0				0
New community groups supported	4	0				0
No. of sustained volunteers (recruited and retained)	80	172				172
Number of new volunteers at Twiggs events	80	146				146
Areas of blight targeted	10	119				119
Local business engagement	50	0				0
Number of volunteers trained (6 week active volunteer course)	38	38				38
Local spend	90%	95%				95%



Improving the  
local  
environment



Health &  
Wellbeing



Opportunities  
for young  
people

# Environmental Education

\*TWIGGS contribution to public health outcomes

## Improving the wider determinants of health

### Objective 1: improvements against wider factors which affect health & wellbeing and health inequalities

- 1.04 First time entrants to the youth justice system
- 1.16 Utilising outdoor space for exercises and health reasons

## Health improvement

### Objective 2: people are helped to live healthy lifestyles, make healthy choices and reduce health inequalities

- 2.13 Proportion of physically active and inactive adults
- 2.13 Self-reported wellbeing



#### Public Spaces

	Target	Achieved to date
Number of local businesses supported at planned events	100	76
Number of new groups formed with support of Twiggs	8	10
Number of hours of volunteering generated	N/A	4,805
Number of volunteers trained in horticultural skills	80	111



# Wilthorpe Park

## Old Tpwvn

### Our Council Plan 2021 -2024

#### Healthy Barnsley

- People are safe and feel safe
- People live independently with good physical and mental health for as long as possible

#### Learning Barnsley

- People have the opportunities for lifelong learning and developing new skills including access to apprenticeships
- People have access to early help and support

#### Growing Barnsley

- People have a welcoming safe and enjoyable town centre and principle towns as destinations for work, shopping, leisure and culture

#### Sustainable Barnsley

- People live in great places are recycling more and wasting less, feel connected and valued in their community
- Our heritage and green spaces are promoted for all people to enjoy

### Background

The focus of this project was to improve the aesthetics of the area by strimming down the overgrowth and reduce hazards such as brambles to create a safe environment for the local people.

#### Date: 4th July

To support the volunteer's session during the weekend we removed the green waste that was produced during the volunteer activities. We removed 12 bags of 'green waste'.

#### Date: Thursday 26th May

Volunteers - 1 Adult Volunteer  
Total Volunteer Hours - 1.5

To support Friends of Wilthorpe, we carried out some general maintenance activities. We strimmed down the overgrowth to improve the aesthetics and opened up the area. To proceed, we redefined the footpath edges and therefore widened the walkway. To complete the session, we pruned the trees to benefit the future growth and health of the tree.

#### Date: 7th July

Volunteers - 3 Adult Volunteer  
Total Volunteer Hours - 6

To continue the work from the previous session we supported one of our regular volunteers from Friends of Wilthorpe Park by assisting them with the preparation for Yorkshire in Bloom. We removed a large amount of brambles that were restricting the growth of the surrounding plants, therefore allowing the plants light and space to thrive.

#### Date: 14th July 2022

We collected 17 bags of 'green waste' along with 2 bags of litter. The waste was collected during the previous session and left for collection in sacks.

#### Date: 21st July

Volunteers - 5 Adult Volunteer  
Total Volunteer Hours - 27.5

Our team supported Pat from Wilthorpe Park by helping them prepare for the Yorkshire In Bloom awards. We started the session by redefining the footpath edges to widen the walkway. To proceed we cleared litter around the park area leaving the park pleasant and inviting. Upon completion of the session we removed 21 bags of 'green waste'.



# Wilthorpe Park

## Old Town

### At a glance



9

Number of volunteers



34½

Total volunteering hours



£472.65

Cashable value of  
volunteering hours



20

Total staffing hours

### How did this activity come about?

The activity was generated by the Friends Of Wilthorpe Park group

### Apprentice Involvement

An apprentice attends all of our sessions to continuously gain skills that are required to pass their qualification.

### What went well?

Preparation for Yorkshire In Bloom as requested by Friends Of Wilthorpe.

The area looks a lot tidier as we removed brambles making the area safe for the local community due to a reduced risk of an injury.

### What still needs further development and what is the next steps?

The group requires help with installing the water collection container (IBC) and a structure to disguise it.

### Any unplanned outcomes (Good or Bad)

The group became reliant on our team to remove the green waste on their behalf.





# New Lodge Neighbourhood Pickers

## St Helen's

### Our Council Plan 2021 -2024

#### Healthy Barnsley

- People are safe and feel safe
- People live independently with good physical and mental health for as long as possible

#### Learning Barnsley

- People have the opportunities for lifelong learning and developing new skills including access to apprenticeships
- Children and young people achieve the best outcomes through improved educational achievement and attainment
- People have access to early help and support

#### Growing Barnsley

- People have a welcoming safe and enjoyable town centre and principle towns as destinations for work, shopping, leisure and culture

#### Sustainable Barnsley

- People live in great places are recycling more and wasting less, feel connected and valued in their community
- Our heritage and green spaces are promoted for all people to enjoy

#### Background

Our team is very excited to start working with the new group that volunteers in the New Lodge area. We carried out a couple of sessions with them and introduced them to some valuable horticultural skills.

#### Date: 8th September

Volunteers - 7 adults & 1 child

Total Volunteer Hours - 12.25

Our team met with a new volunteer group for a tidy-up session at the park. This session began with the entrance of the park, we strimmed back the brambles to reduce the chances of an injury. To proceed we cleared litter, trimmed the hedges and redefined the footpath edges widening the walkway and leaving the area inviting and presentable. To complete the session we used the 'green waste' to create a wildlife habitat pile.

#### Date: 24th September

To continue from our previous session we met with the new volunteer group to proceed with further maintenance of the area. We cleared litter, and reinstated the footpath edges to make the area inviting and safe. To proceed we pruned the trees to improve their growth and trimmed the hedges giving them a facelift. To complete the session we strimmed the overgrowth to open up the area.

#### Date: 28th April 2022

Volunteers - 7 adults & 5 children

Total Volunteer Hours - 48

Targeting the footpath next to the Memorial Gardens we removed some tree stumps that were causing a problem with the retaining wall and causing a trip hazard for the children. After removing the tree stumps, we levelled off the ground to leave a safe and presentable walking surface.

# New Lodge Neighbourhood Pickers

## St Helen's

### At a glance



**19**

Number of volunteers



**60¼**

Total volunteering hours



**£825.43**

Cashable value of  
volunteering hours



**11½**

Total staffing hours

### How did this activity come about?

The activity was generated by a resident who started the new group.

### Apprentice Involvement

We have an apprentice present on all of the events so that they can continue gaining the valuable skills that are required to achieve their qualification, while carrying out the activities they are also helping the local community keep the area clean and tidy.

### Training Delivered

We gave them advice regarding: how to report purple sack collections, how to create habitat piles from the green shrubbery that was cut back, why and how we mulch green waste and the importance of doing so.

### What went well?

The group is very enthusiastic about future work after we gave them our advice and assistance.

### What still needs further development and what is the next steps?

Targeting different parts of the area and increasing the number of sessions.

### Outcome of Project

Children were educated about the importance of habitat piles and how to create them.





Improving the environment



Changing the Relationship



Improving the economy



Anti Poverty



Health & Wellbeing

# Housing Cohesion Officer



## 360

Initial contacts with households (leaflet drops, action days & talking to residents and inspections)

## 23

Number of vulnerable households identified

## 12

People signposted to other agencies for additional help & support

- Satisfactory quarterly monitoring report and contract management meeting.
- Milestones achieved
- Outcome indicator targets met
- Social value targets met
- Satisfactory spend and financial information
- Overall satisfaction with delivery against contract

## Purpose of Post

To ensure compliance with the legislation and statutory obligations of the Council dealing with poor housing and environmental conditions in the Private Rented Sector, ensuring effective regulation with a balanced proactive and reactive approach through the discharging of informal, formal and legal actions. Contribute to improved standards in the local private rented sector and stability for both tenants and landlords.

- Provide advice, guidance and support in accordance with approved Council policies, procedures and statutory responsibilities pertaining to private sector housing and the environment.
- To pro-actively engage and liaise with internal and external stakeholders including tenants, landlords, members of the public and partners, developing strong and cohesive working relationships.
- Respond to requests for service, investigate complaints and provide advice on sub-standard housing conditions in the private rented sector.
- Contribute to the development and delivery of a highly visible proactive approach to raising standards of poor-quality private sector housing across the Borough.



Improving the environment



Changing the Relationship



Improving the economy



Anti Poverty



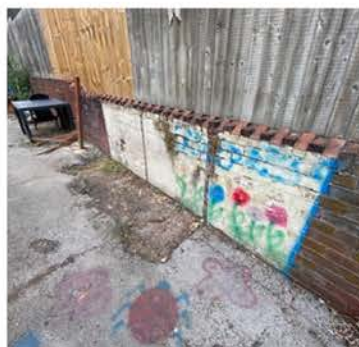
Health & Wellbeing

# Housing Cohesion Officer

Before



After



## Case Study

Whilst out on proactive inspections, I noticed an area of land behind the back of a row of 6 terraced houses which was a hot spot for waste on-premises and potential fly-tipping. The waste included dog fouling, green waste, food waste and general household items. This was causing a detrimental effect on the quality of life for those in the locality.

I first began by taking necessary photos of the waste as evidence. I then completed land registry checks and further checks on Academy to ensure I had the correct landlord and tenant details for each property concerned. In this case, I had to act quickly, due to the waste present it was attracting pests such as rats. I then served CPN Written warnings to all landlords and tenants at each property. The CPN Written Warning is a really useful tool as it is still an informal letter, but it states clearly the enforcement action that will be taken if the requirements are not met before the date set.

I returned to the site after the warnings had expired and all the waste had been removed and cleared. Please see the photos attached for the results. This was a really positive outcome, and I received many compliments from residents saying that they were now able to enjoy the space at the back of their properties. I will continue to monitor this area to ensure that this does not re-occur.



Private Rented Homes  
Housing Cohesion Officer

Achieved  
to date

Number of vulnerable households identified

**Total 23**

Number of properties improved because of service intervention

**Total 18**

Number of requests to landlords (both formal and informal)

**Total 18**

Number of community protection written warnings issued

**Total 1**





Improving the environment



Changing the Relationship



Improving the economy



Anti Poverty



Health & Wellbeing

# Housing Cohesion Officer



**BARNSELY**  
Metropolitan Borough Council

## How the Housing Officer post meets the council plan?

Our Council Plan  
2021 -2024

### Healthy Barnsley

- People are safe and feel safe
- People live independently with good physical and mental health for as long as possible
- We have reduced inequalities in health and income across the borough

### Learning Barnsley

- People have access to early help and support

### Sustainable Barnsley

- People live in great places, are recycling more and wasting less, feel connected and valued in their community.

### Growing Barnsley

- People are supported to have safe, warm sustainable homes

\*Housing Cohesion Officer's contribution to public health outcomes

### Improving the wider determinants of health

#### Objective 1: improvements against wider factors which affect health & wellbeing and health inequalities

- 1.01i Children in low-income families (all dependent children under 20)
- 1.06ii Adults in contact with secondary mental health services who live in stable appropriate accommodation
- 1.15 Statutory homelessness
- 1.17 Fuel Poverty
- 1.18i Social isolation: Percentage of adult social care users who have as much social contact as they would like

### Health improvement

#### Objective 2: people are helped to live healthy lifestyles, make healthy choices and reduce health inequalities

- 2.23 Children in low-income families (all dependent children under 20)

### Health public health and preventing premature mortality

#### Objective 4: reduce numbers of people living with preventable ill health and people dying prematurely, whilst reducing the gap between communities

- 4.13 Health related quality of life for older people
- 4.15 Excess winter deaths



Improving the local environment



Health & Wellbeing



Opportunities for young people

# Youth Resilience Fund



YMCA  
(Supporting Kexborough Primary, Wellgate Primary and Delta Academy Darton.)

The schools work in the North Area is now all fully implemented and running weekly with lots of positive feedback from the participants and school staff.



(Supporting Laithes Primary, Athersley South and Outwood Academy Carlton.)

- Satisfactory quarterly monitoring report and contract management meeting.
- Milestones achieved
- Outcome indicator targets met
- Social value targets met
- Satisfactory spend and financial information
- Overall satisfaction with delivery against contract

## Purpose of the Youth Resilience Grant

The North Area Council Youth Resilience Fund has been established by North Area Council for the academic year 2020/2021, to support the delivery of a range of positive after school and holiday provisions (interventions/ projects/ activities/ sessions) that will contribute to building the emotional resilience and wellbeing of children and young people (aged 8-13). This resilience-building will prepare children in years 5 and 6, who are displaying additional emotional support needs, with extra skills that will prepare them to successfully transition to senior school.

The grant opportunity is currently delivered by two different providers: YMCA and Ad Astra. Below is an extract from the performance reports:







Improving the local environment



Health & Wellbeing



Opportunities for young people

# Youth Resilience Fund



## YMCA

YMCA Youth work offers young people safe spaces to explore their identity, increase their confidence and think through the consequences of their actions. We use the specific approaches from the well-being index and resilience framework to enable young people to explore and develop their knowledge, understanding and skills in the areas of belonging, learning, coping and core self.

All of the projects continue to enable the participants to develop core skills from the checklist for positive mental health and well-being, particularly in the areas of communication, working with others and problem-solving, building their self-esteem and confidence and their understanding of themselves, their social networks and relationships with others and sense of place and belonging not only in their schools but also as YMCA participants.

### **Darton Academy Peer Support Training Programme**

*Transition support and Peer Support Training for Y7 Pupils.*

*This group was identified by the school's Leadership Team, and the young people were chosen for their needs, interest, maturity and the Primary School that they had previously attended to ensure a broad representation of the schools' feeder primaries and that the young people were familiar in the Primary School that they would then support as part of the next Year 6 transition process.*

The youth work team continues to support the school and the wider group of Darton peer supporters (Y7 & 8) as part of a wider school enrichment and transition programme for the new Y7 cohort. They are opportunities to share their transition experiences and build relationships with children from the latest cohort through supporting the school's open evenings and transition days and plans for wider engagement within their feeder primary schools.

Some of the Darton Academy participants engage with the wider North Area project and YMCA youth work programmes during holiday provision and term time sessions as peer supporters and participants. This provides opportunities for young people to further develop their skills and experiences through practice and their social and communication skills.

YMCA  
(Supporting Kexborough Primary, Wellgate Primary and Delta Academy Darton.)  
The schools work in the North Area is now all fully implemented and running weekly with lots of positive feedback from the participants and school staff.



Improving the local environment



Health & Wellbeing



Opportunities for young people

# Youth Resilience Fund



## YMCA

### **Darton Academy Peer Support Training Programme (Continued)**

Contributing to building their resilience through access to a wider range of positive and skills development opportunities, increased social networks locally, in their schools and communities, and increased confidence and self-esteem. This is underpinned by consistent positive relationships with trusted youth workers who can support young people through various next steps and transitions in their lives over extended periods.

### **Darton Academy After School Sessions:**

The after-school club is flourishing with a targeted, mixed (gender) cohort of young people with varied needs. These young people continue to return each week to the session where they do not necessarily have friendships with all the participants, and our focus is to support their personal and social skills development to enable them to feel more confident and express themselves and their personalities within the group.

The youth workers support the young people with their emotional health and well-being needs, many of whom struggle to grow in confidence within the school. At the moment, the programme is based around building trusted relationships with the young people and supporting them to develop the skills and tools to manage their feelings and understand the context and consequences of their behaviours and actions, helping them to understand and express their own journeys through life's transitions and support the development of their emotional resilience and wellbeing.

We are continuing to work with the school to share our experience and skills to help develop their wider enrichment offer and to ensure we can provide support to those who need the session the most. In addition, the youth workers have attended a year group celebration where the peer supporters were recognised.

YMCA  
(Supporting  
Kexborough  
Primary,  
Wellgate Primary  
and Delta  
Academy  
Darton.)  
The schools  
work in the  
North Area is  
now all fully  
implemented  
and running  
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of positive  
feedback from  
the participants  
and school staff.





Improving the local environment



Health & Wellbeing



Opportunities for young people

# Youth Resilience Fund



**66**

Number of unique individuals engaged

**2**

Number of peer support sessions delivered

**1**

Number of young people attending peer support transition training

**9**

Number of school holiday sessions delivered

**2**

Number of family members engaged in the project

**3**

Number of young volunteers

## Kexborough Primary

*Weekly after-school sessions with all of the Y6 children at some point having the opportunity to work with the YMCA youth work team, who will then remain a consistent person within their transition experience to Darton Academy.*

*From September, the group of young people were a specific group of Y6 pupils identified as those who would most benefit from the project and improve their emotional resilience and well-being.*

In September, we began to deliver an after-school club to a mixed cohort of 18 young people. These young people were identified by the school including the headteacher and family support worker as a group of young people who would benefit by participating in a club that focused on building emotional resilience and well-being. As this group of young people is larger than the last one it has allowed the young people to form new friendships and again this model has proved effective and has had a noticeable impact on those involved, enabling the development of core skills, increasing self-esteem and confidence and being able to provide 1:2:1 support as and when needed.

Now the group is established, and the young people are more confident they are contributing to the planning and development of the activities that the youth workers provide. Empowering the young people it as enabled the youth workers to see their confidence grow and the young people flourish. One of the aims of the after-school club is to raise young people's emotional resilience and well-being which will support them in their transitions to secondary school.

## Wellgate Primary

*Weekly targeted support project for some Y6 children identified as those who would most benefit from the project.*

The youth work team have continued delivery of the targeted model supporting children within the year 6 group who have been identified as those who would most benefit from the project.



Improving the local environment



Health & Wellbeing



Opportunities for young people

# Youth Resilience Fund



## Summer Lane Primary Pilot

*Weekly targeted support for Y6 children open access but targeted for some pupils the school has identified as those who would most benefit from additional support.*

“ I enjoyed the suncatchers because when I look at it, I think of how nervous I was for everything going on but now I feel a lot better and less nervous because of the other times we were here on a Wednesday. I enjoyed it here and it made me feel a lot better about high school and the play that we were doing in front of the whole school and parents.”

Amelia  
Year 6

The pilot transition support project for Y6 pupils has been a huge success, and the feedback from the school and the children & young. The focus of this project is to build relationships, support the participants to explore any concerns they have and develop their core skills of belonging, learn coping and core self and build their self-esteem and emotional resilience.

In September, the transition support club was offered to both Years 5 & 6 as the Head Teacher had identified pupils who would benefit from a longer time period working with the YMCA. The work delivered at the club focuses on emotions and feelings and encourages the young people to speak about their feelings and how to reflect on the things that make them happy by giving them the opportunity to write their feelings down and draw positive images, for example – we celebrated World Smile Day and World Mental Health Day with projects around normalising speaking about our emotions and its ok not to feel ok at times.

The project delivery in the primary schools has enabled the children to form positive relationships with the YMCA Barnsley staff team, and as participants from both schools access holiday provision and the detached youth work sessions during the summer, they have also built positive relationships with other young people. This will provide the year 6 children from both schools who are transitioning to Darton Academy and Horizon Community College with a familiar face and support from a trusted and consistent youth worker they already know and access to already established relationships with other peers.







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Opportunities for young people

# Youth Resilience Fund

## Summer Lane Primary School

The youth workers have had the pleasure of being able to maintain their support and reconnect with young people as they continue on their journeys to secondary school, and have seen many of them access the after-school clubs in Horizon and Darton Academy. Seeing and reflecting on their transformation from timid year 6's to confident year 7's in their secondary school environment is a proud moment for both the participants and their youth workers.



“ It’s been really fun and I’ve loved it. It’s helped me understand lots of things and I hope to see them soon. I hope to see them in Horizon. Thanks for lots of things.

Owen  
Year 6





Improving the local environment



Health & Wellbeing



Opportunities for young people

# Youth Resilience Fund

## Wellgate Primary (continued)

September is an exciting month for the youth workers and the young people as we welcome new young people to the Transition club and allow them to support the new cohort in their transitions from year 6 to secondary school. The club, which usually ran on a Thursday afternoon, is now delivered on a Monday afternoon to meet the school's needs. The school and the YMCA have a great working balance and fully support each other in the club delivery. The school again identified the young people they believed would benefit the most from attending this club, as their confidence and emotional self-esteem were particularly low. The activities are the tools that allow the conversations between the youth workers and the young people to start, which help them to understand the young people's needs and what areas they need to work on to improve their confidence and social skills.

## Holiday provision:

During the Summer holidays, the young people from the North Area were offered a variety of activities, including the previously popular Shop, Cook & Eat sessions at the Parish of Saint John the Evangelist Church, Team Sports at Darton Park, crafts & games and a Summer Party at the Mapplewell and Staincross Village Hall. The opportunity to attend the holiday provision was also offered to both year 5 & 6 pupils within the primary schools.

One of the aims of the holiday provision is to provide a safe place for young people where they have the opportunity to access positive activities and have fun but also to be able to build and develop friendships with other young people who may be transitioning to the same secondary school. It is important to the YMCA Barnsley team that the relationships with youth workers that have developed during the school sessions can be maintained during the holiday provision to provide that consistent person in the young person's journey.

## Detached Project:

Our team have continued to work on a weekly basis within the north area, with a regular programme that continues through the summer focussing primarily on Kexborough whilst maintaining relationships with existing contacts in Darton.

The planning for the summer sessions was as always influenced by young people as part of the ongoing youth work process and was well received with circus skills becoming a firm favourite with some of our regular attendees. Team games and problem-solving challenges are also received with much enthusiasm.





Improving the local environment



Health & Wellbeing



Opportunities for young people

# Youth Resilience Fund

## Detached Project (continued)

Some games that can offer a little gentle competition, i.e. rounders, can prove a little too competitive for some attendees. Despite our team's best efforts to manage behaviour and quell any overly competitive language and behaviour, some young people are less than honourable in victory, it seems.

The regular attendees are a group of mixed abilities and have contrasting learning styles, which can be a challenge for our staff team; however, we continue to liaise with the young people and their parents to ensure our activities are appropriate to their needs.

The planned summer picnic and activities had to be scaled down at short notice as illness and an impromptu holiday opportunity meant that some of our regular attendees and those that helped plan the activity were absent. Disappointing but plans are already being discussed for Halloween and Christmas activities now the group are back together, and enthusiasm has not waned, the group are keen to take plans forward. In all youth work, the process involved in developing projects and ideas is often of more value for the participants than the product. Enabling them to explore and develop their skills in the key areas of the youth work curriculum such as empowerment, participation and choice, group work, experiential learning and the importance of relationship building

Our team maintain a street presence and often engage with young people already familiar to us in and around the park and Priestly Avenue estate. The links between YMCA Barnsley's school provision and our detached programmes in the north area have proven to be invaluable when maintaining relationships with young people and the broader community.

The summer holidays offer flexibility from our usual schedule in that our team can explore different times of the day to engage in the knowledge that young people are out of school. Our team have engaged with a number of young people less familiar to us. Information about our work in the area and wider provision they can access has been shared. More young people know where and when to find our team now summer holidays are over and our schedule has returned to normal.

A great summer with a good level of participation and engagement on the back of which our team are looking forward to our Autumn / Winter programme. We are grateful for the continued use of Berneslai Homes premises on Priestly Av, an invaluable resource as we look forward to darker nights and inclement weather.



# Detached Youth Work

## Case Study

### Background & Context

This case study highlights the importance of the whole package of effective youth work in building positive well-being and emotional resilience. Creating safe spaces for children and young people, supporting young people to understand and manage their behaviour and emotions, modelling and facilitating positive behaviour and avoiding undermining the nature of the trusted relationship between young people and youth workers. This is underpinned by the importance of building long-term relationships with young people and understanding and working with their accepted norms whilst not condoning or accepting inappropriate behaviour. Recognising that all of our participants have different experiences and needs to be met.

### Ben #2

Ben (not his real name) was absent from sessions for a few weeks, he has re-engaged with the core group and has become a regular attendee throughout the summer holidays. As previously reported, Ben's behaviour could be quite disruptive and, on occasion, was rude to staff, something that our staff team felt they needed to address, be it in a gentle and appropriate manner.

Throughout debriefing and planning sessions, our team discussed the relationship youth workers hold with young people and how it is a very unique relationship. Whilst we, as qualified and experienced staff, 'get it', we are mindful that for some young people, the brand new relationship they are striking up with their friendly neighbourhood youth worker is unique to any other relationship they have with other adults. We are neither family nor friends, teachers nor local shopkeepers. Perhaps some young people need time to get their heads around the new relationship and find the best ways to respond and engage.

Perhaps Ben was a little confused by the youth work approach, given that it is very likely our team are the first youth workers he has met. Perhaps his (what appears to be) default setting is that youth workers are people of authority plonked into his community to 'tell kids what to do and what not to do!?' and therefore he feels his role is to challenge, push boundaries, question authority as he sees it, and when the opportunity arises to disrupt?

Mindful of all this our team in recent weeks have adopted a slightly different approach that hopefully explains our motives as youth workers and importantly why we are paid to do what we do. With the core group, we have discussed why we choose youth work as a career, ie to hopefully encourage and enable young people to be the best at being them, to offer opportunities for young people to explore themselves and make positive contributions to wider society.





Improving the local environment



Health & Wellbeing



Opportunities for young people

# Youth Resilience Fund

## How does the commission meets the council plan?

### Our Council Plan 2021 -2024

#### Healthy Barnsley

- People are safe and feel safe
- People live independently with good physical and mental health for as long as possible
- We have reduced inequalities in health and income across the borough

#### Learning Barnsley

- Children and young people achieve the best outcomes through improved educational achievement and attainment.
- People have the opportunities for lifelong learning and developing new skills including access to apprenticeships.
- People have access to early help and support

#### Growing Barnsley

- People have a welcoming, safe and enjoyable town centre and principal towns as destinations for work, shopping, leisure and culture.

#### Sustainable Barnsley

- People live in great places, are recycling more and wasting less, feel connected and valued in their community.



## Ad Astra

(Supporting Laithes Primary, Athersley South and Outwood Academy Carlton.)

**Performance reporting is term time. The last report was submitted at the end of the Summer Holidays**

### Key Highlights for July - August report

2 Cook and Eat sessions

Den Building session

litter picking

Family trip to the coast

Science Day

Walk and Sport Session

Seaside themed day

Visit to the allotment

Visit to Yorkshire Sculpture Park

\*YMCA & Ad Astra's contribution to public health outcomes

### Improving the wider determinants of health

#### Objective 1: improvements against wider factors which affect health & wellbeing and health inequalities

- 1.01ii Children in low-income families (all dependent children under 20)
- 1.03 Pupil Absence
- 1.04 First time entrants to the youth justice system
- 1.16 Utilising outdoor space for exercise and health reasons

### Health improvement

#### Objective 2: people are helped to live healthy lifestyles, make healthy choices and reduce health inequalities

- 2.07 Hospital admissions caused by unintentional and deliberate injuries in children (0 - 14 years)
- 2.08ii Percentage of children where there is cause for concern
- 1.04 Self-reporting well-being

# Community Grants Summary Performance Management Report

## April 2022 - March 2023

Service	Priorities	Provider	Contract Value (per year)	Start Date	End Date	Reports
Connecting Communities Page 36	 Health & Wellbeing	 North Area Social Inclusion Service	£79,600.20	April 2021	March 2024	Quarter 2 Received
Connecting Communities Page 39	 Health & Wellbeing	 Connections Hub	£66,450.00	April 2021	March 2022	Quarter 2 Received
Connecting Communities Page 44	 Health & Wellbeing	 Reds Connect	£41,472.21	April 2021	March 2022	Quarter 2 Received
Stronger Communities Page 51	 Health & Wellbeing	Mapplewell & Staincross Greenspace & Recreation Group Children's Cycle Path	£8,761.00	October 2021	March 2022	Report due after the opening ceremony
Stronger Communities Page 53	 Health & Wellbeing	 Stronger Mums	£9,950.00	April 2021	March 2022	Quarter 1 Received



**Our Council Plan  
2021 -2024  
GRANTS**

Connections  
Hub

North Area  
Social Inclusion  
Service

Reds  
Connect

Children's  
Cycle Path

Strong Mums

Healthy  
Barnsley

People are safe and feel safe



People live independently with good physical and mental health for as long as possible



We have reduced inequalities in health and income across the borough



Growing  
Barnsley

Business start ups and existing local businesses are supported to grow and attract new investment, providing opportunities



People have a welcoming safe and enjoyable town centre and physical towns as destinations for work, shopping leisure and culture



People are supported to have safe, warm sustainable homes



Learning  
Barnsley

People have the opportunities for lifelong learning and developing new skills including access to apprenticeships



Children and young people achieve the best outcomes through improved educational achievement and attainment



People have access to early help and support



Sustainable  
Barnsley

People live in great places, are recycling more and wasting less, feel connected and valued in their community.



Our heritage and green spaces are promoted for all people to enjoy



Fossil fuels are being replaced by affordable and sustainable energy and people are able to enjoy more cycling and walking





Changing the Relationship



Health & Wellbeing

# Connecting Communities



North Area Social Inclusion Service

13

New referrals

9

Existing Volunteers

## How does the commission meets the council plan?

Our Council Plan  
2021 -2024

### Healthy Barnsley

- People are safe and feel safe
- People live independently with good physical and mental health for as long as possible
- We have reduced inequalities in health and income across the borough

### Learning Barnsley

- People have the opportunities for lifelong learning and developing new skills including access to apprenticeships.
- People have access to early help and support

- Satisfactory quarterly monitoring report and contract management meeting.
- Project milestones achieved
- Project outcome indicator targets met
- Overall project progress & achievements

### Project Aims

Age UK Barnsley are a local charity that works only for the benefit of the people of Barnsley Borough and our Resource Centre/Head Office is based within the Town Centre. We have been providing successful, innovative, area-wide services addressing social isolation in Barnsley for more than 5 years. Age UK Barnsley work with older people with a wide range of needs and health conditions including dementia, mental health problems, physical health conditions and limited mobility.

### Project Summary

This quarter the North area has benefitted from the recruitment of 2 new, part-time Social Inclusion Officers, Ellie Price and Mark Hible, in order to support a caseload of 36 older people to develop their own personal support plans to ensure that the support that they receive is meeting their individual needs. They made contact with all SUs identified in their area to enquire about ongoing support. This resulted in the closure of several files. Alongside the Social Inclusion Officers, we also have a team of volunteers who have provided face-to-face befriending, telephone befriending as well as providing support to the community groups.

“Getting out to this group today is the best thing I have done since I lost my husband. I am so thankful for your support”







**Changing the  
Relationship**



**Health &  
Wellbeing**

# Connecting Communities

## **Achievements this quarter - December July to September 2022**

- 9 current volunteers continue to provide support with befriending and group support. There have been 149 volunteer hours this quarter.
- A group of volunteers at Men in Sheds have provided a space for men across the Borough to get together and have a chat with each other whilst also learning new woodwork skills. There have been 660 volunteer hours this quarter at Men in Sheds, supporting older people in the North area and the other areas of Barnsley.
- We have been able to signpost people to specialist services such as our I&A service. For benefit checks and other support. We have also continued to make referrals to dial-a-ride and enabled them to access lifeline pendants. Referrals have been made to Aids and adaptations, the Memory team and a local cleaning company.
- New referrals have come to us via Social Prescribing, family and friends, social services and Housing and Cohesion.
- The Darton Wellbeing Group has been attended by guests who have provided blood pressure checks to the group participants and spoken to them about healthy eating and healthier life choices.
- A health and wellbeing instructor attended the Darton wellbeing group and gave them some taster sessions in various fitness activities. From this, they decided they would like more Tai Chi. Therefore a class will be held each month for them through BOPPA.
- Social inclusion officers attended the New Lodge gala to share information about the service provided in the North area and to recruit new volunteers.
- 2 volunteer recruitment events were held in the area.
- This quarter there have been 10 posts social media posts directly related to the North Area Social Inclusion Project. These posts have reached 7,456 people; generated 107 reactions, 13 comments and 59 shares.



# North Area Social Inclusion Service

## Case Study

### Key Learning Points

Ms M was undergoing assessments by the memory team when social inclusion officers made an initial visit which has since resulted in a diagnosis of dementia.

Ms M was referred by her daughter who is also currently caring for her husband who has cancer.

Ms M was not getting out to have social contact.

### Summary

Ms M was referred to Age UK Barnsley in August 2022 by her daughter. She was initially referred to the service for a volunteer befriender. When social inclusion officers visited Ms M on an initial home visit, it was apparent that it would be more suitable for Ms M to be supported to get out to groups in the community for more social interaction.

### Background

Ms M was referred to Age UK Barnsley in August 2022 by her daughter who stated that she was not having much social interaction and would like a befriender to visit her. Upon the receipt of the referral, a social inclusion officer called Ms M's daughter in order to gather further information about the circumstances. On this telephone call, Ms M's daughter explained that Ms M was undergoing memory assessments with the memory team as there were concerns about her. Ms M's daughter said that she was providing support to her mum by helping with shopping but that she was also going through a hard time herself as her husband had cancer. A home visit was arranged at Ms M's house, and her daughter also agreed to be there at the first visit.

At the first visit to Ms M, two social inclusion officers attended to discuss with her what support she would like to receive from us at Age UK Barnsley. Ms M said that she was able to get out to the shops as her mobility is good but that she didn't feel confident to attend groups in the community alone and that at times she did feel lonely despite seeing her daughter for practical support.

Following this visit, a social inclusion officer contacted Ms M's daughter in September to arrange another visit with Ms M to get more details and to create a personalised plan to get her involved in community groups. On this second visit, the social inclusion officer spent time getting to know what hobbies Ms M has had in the past and whether there were any new hobbies she would like to take up. A plan was devised with the ultimate goal of getting Ms M to feel more confident about attending social groups which are currently running in the community. Ms M is going to be assisted to a lunch group for the first time by a social inclusion officer.

Ms M has now received a diagnosis of dementia from the memory team. When speaking to Ms M's daughter the Social Inclusion Officer provided information and details about an MCST group that may be suitable for Ms M to attend alongside other social groups.

### Who was involved?

2 Social Inclusion Officers

### Outcomes of Project

With the support of Age UK Barnsley Social Inclusion Officers, Ms M has developed a personalised plan which will result in her getting out into more community groups. She also has the opportunity to attend MCST (Maintenance Cognitive Stimulation Therapy) groups.

### Next Steps

A social inclusion officer will support Ms M to a group in the next fortnight and over the coming weeks and months she will feel more confident to attend other groups.





**Changing the Relationship**



**Health & Wellbeing**

# Connecting Communities



**Connection Hubs**

- Satisfactory quarterly monitoring report and contract management meeting.
- Project milestones achieved
- Project outcome indicator targets met
- Overall project progress & achievements

## Performance Narrative Report

We now have all four connection hubs up and running, one in each ward. St. Helen’s ward is the most popular, but we continue to promote all the sessions and our recent crisis support sessions have increased membership across all four groups. We have also agreed to run monthly sessions at Honeywell Community Centre for crafting.

We have designed a themed programme of events each month, which kicked off with our Crisis Support Sessions in October. We have worked with Ad Astra, Community Shop and Adult Skills and Learning to support these and meet with community leaders to promote them.

In November, we will hold our “Christmas Gift Swap” at our four venues. In December, we will be holding our Christmas get-togethers and giving away free Christmas goodies – things that residents might feel a luxury, e.g Christmas crackers, gift tags etc. In the new year, we will be holding well-being and exercise events. We have been awarded £3,000 by Sport England to purchase DVDs and exercise bands to distribute to members to take home. In February, we hope to be working with Healthwatch to hold an event to support people experiencing hygiene poverty, and in March, we will be holding an Easter Bale Off where residents can come along and swap their bakes!

We have commenced our volunteer recruitment campaign and have 3 volunteers who support our groups.

We have attended the following events to promote the groups:

Athersley TARA - monthly meetings

Berneslai Homes (Honeywell Community Centre)

Emmanuel Church - Coffee Morning

Mapplewell Village Hall

Metrodome - Umbrella event

Recovery College - Q&A session

St Helens Gala

The Community Shop, Athersely



## Connection Hubs Case Study

Mr Z is a male in his 50s. He has mobility issues, a speech impairment, and lost his wife during the COVID- 19 pandemic. Mr Z was referred to Connect Together by his telephone befriender, as he was concerned that Mr Z had become extremely isolated since losing his wife.

We contacted Mr Z and discussed with him that since his wife had died he hadn't left his home or socialised with many people. He explained that he gets his shopping delivered to his door and that he had fallen out with other organisations that had previously been involved with him. Mr Z stated that he was feeling fed up and wanted to be more involved in the local community. We talked to him about Connect Together and invited him to come along. Mr Z agreed and sounded excited about joining.

The day before Mr Z was meant to be attending the group, he contacted us by email to say that he would not be attending as he didn't have support in getting to the venue. We discussed options with him, and he said he would think about getting a taxi. He arrived the next day in a taxi, and one of our members helped him in and out of the taxi and welcomed him

The theme of the first session that Mr Z attended was all about well-being and how it could be improved. This gave Mr Z the opportunity to think and discuss his own well-being; he concluded that his own personal well-being was poor. Mr Z continued to attend the group on a regular basis until the school holidays started. Mr Z explained that he did not wish to attend during the holidays as there were children running around other parts of the venue and he did not want any of them to knock into him while he was walking through to get to our room as he felt that this may cause him to fall. During this time, we continued to keep in touch with Mr Z via telephone so that he was kept up to date with the group. Mr Z said that he was very grateful for these calls as they made him feel like he was still being included with the group.

We have developed a trusting working relationship with Mr Z, and because of this relationship, Mr Z agreed to a referral to Adult Social Care for a needs assessment. Mr Z has since been referred to Occupational Therapy which is supporting him with his mobility issues.

Mr Z has now expressed an interest in volunteering as a Group Helper and continues to attend when he is able.



# New Group Launching!

**Social Crown Green Bowls For Ages 50+  
Sugdens Bowls Club, Stocks Lane (off Summer  
Lane)**

**Beginners/Returners  
All Welcome (non-competitive)  
Equipment supplied**

**Free Taster Sessions every Wednesday,  
10am-12pm November 2nd, 9th, 16th, 23rd**

**Refreshments available  
Please wear flat/appropriate foot wear**

**Contact: Gary Wildblood 07906 163418  
g.wildblood@hotmail.com**



**North Area Council**

Darton East, Darton West, Old Town, St Helens





# NEW GROUP LAUNCHING!

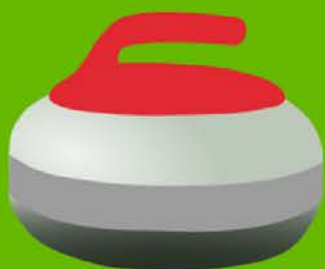
**50+ Social, Games & Coffee Morning  
@ Harborough Hills Asda, Old Mill  
Lane, S71 1LN**

**Launches on 17th November in the  
Community Room, then runs every  
Thursday, 10am-12pm**

**Free Refreshments**

**Cards, dominoes, indoor bowls,  
curling, quizzes, games and much,  
much more...**

**Booking is advised, please call 01226  
776820 to book your place**





# Are you aged 50+, living in Barnsley and worried about having to choose between heating and eating this winter?

We are providing Winter Warmth Packs for older people this winter, consisting of a fleece throw, hat, scarf, gloves, socks, a thermal mug and hot water bottle.

Come along to a Winter Warmth Event in your area to collect a pack (if eligible) and find out more about the services Age UK Barnsley provide.

## North Area Winter Warmth Events:

10th November, 10am-12pm: Mapplewell Co-op

14th November, 11am-1pm: Asda Harborough Hills

15th November, 12:30pm-2:30pm: Priestley Avenue Community Centre

16th November, 1:30pm-3:30pm: Athersley Community Shop



**For more information please get in touch with us on 01226 776820**





Changing the Relationship



Health & Wellbeing

# Connecting Communities



Reds Connect

## Programme Aims

- Beneficiaries have improved emotional and physical wellbeing
- Beneficiaries are connecting, interacting, and forging new friendships
- Beneficiaries are regularly participating in the activities in their local area
- Beneficiaries are adopting and maintaining more active lifestyles

- Satisfactory quarterly monitoring report and contract management meeting.
- Project milestones achieved
- Project outcome indicator targets met
- Overall project progress & achievements

### Performance Narrative Report

In the last quarter's report, the project had a slower-than-anticipated start. We are still waiting for the DBS certificate for the successful applicant for the role of Community Engagement Officer. This has limited our community engagement. However, we have been proactive in the local area. Along with promotion through our regular avenues, we have also dropped leaflets at local businesses and care homes. We have also attended local businesses Health Fayres including Berneslai Homes and Premdor.

However, we are pleased to say that we have seen an increase in participants in the 2nd quarter across our programmes which can be seen below.

### Exercise Session

We now have 23 registered participants for our Exercise sessions delivered at Mapplewell Village Hall. There is a wide demographic of people attending, ranging in age from a 16-year-old young man to a 75-year-old lady.

Initially, the sessions were attended by a group of young people, this got the sessions up and running and led to other participants through word of mouth.

There is a variety of exercise activities delivered within the sessions, including Soccercise, Boxing Fitness, Circuits and Tabata. With the wide range of people we have attended, we adapt the sessions so everyone can benefit.





Changing the Relationship



Health & Wellbeing

# Connecting Communities



**Reds Connect**

**23**

Number of people adopting and maintaining healthy lifestyles

**1**

Number of volunteers supporting activities

**How the Area Council can support this provision?**

**Promote and advocate for the provision**

## Performance Narrative Report

We have found that the numbers attending fluctuate quite markedly in this session. We have been as high as 15 one week, and some weeks we have had no one. One of the factors in this is that Barnsley play their midweek home games on Tuesdays, and a large part of the group attend these. As a result, we continue to market the programme to engage with local residents. As mentioned, through the partnerships with local organisations we are hoping to see an increase in participants and regular attendance patterns improve.

## Extra Time Hub

We have 6 participants registered on the Extra Time Hub. The session was designed to allow the participants to shape the project as it progressed. The current group have enjoyed some light exercise and particularly board games. We have played numerous games, including Taboo, Articulate and Quiddler, which are games that stimulate the brain alongside some old favourites such as Snakes and Ladders and Ludo. We have included some light exercise activities such as Quoits, Boccia and Badminton.

We have had some issues with the venue during this session. On a couple of occasions, we have had disruption through the bar area and pumps being cleaned and staff showing other people around. With this in mind, we have looked at another venue in the nearby area and are awaiting a confirmation date to be able to start there. This venue has a cohort of participants from the local area whom we are told would be interested in the activities we provide. We would be allowed our own set of keys, and due to the facilities, we would have more flexibility around providing refreshments. Once we have finalised the details with the venue, we will begin a new promotional drive for the new premises.

## Team Talk

We originally got the sessions up and running and had 6 participants come along over the 1st few weeks. During this period, participants struggled with relationship issues, anxiety and stress around finances and being socially isolated.



Changing the  
Relationship



Health &  
Wellbeing

# Connecting Communities



**Reds Connect**

## Partners

Ad Astra  
Athersley Rec Fc  
Berneslai Homes  
Premdor  
Athersley Cares  
Community Shop  
Romero  
Communities  
Recover College  
DIAL Barnsley  
BIADS  
Public Health  
Barnsley  
NHS – Barnsley  
General Hospital –  
Occupational Health  
Social Prescribing  
NHS Health and  
Wellbeing Coaches

## Team Talk (continued)

The feedback from the participants was that the venue wasn't suitable. We have some members who don't drive, so there were some accessibility issues as the venue isn't on a direct bus route. We also had some concerns about the cost. As we didn't have control of the refreshments, the venue was charging their normal price for hot drinks etc. We also had occasions when numerous members of the general public accessed the same room even though it was supposedly booked for our project. This made it difficult for the participants to talk openly, and we saw numbers fall to the point where we decided to postpone the sessions rather than waste the funding. We are still looking to relaunch this session at a more appropriate venue, but despite making enquiries we are yet to find this.

We did direct the participants towards other Ritc initiatives that they could attend in the meantime. This has included our universal Team Talk programme delivered at Oakwell on a Wednesday evening.

Provided below are photographs from Staincross and Mapplewell Village Hall showing the groups attending both the exercise class and Extra Time Hub

To further promote the sessions we have worked with partners which are listed below to share across networks and promote the programmes. In a number of instances, we are also meeting with the same partners to support the delivery and wider impact of the activities.

This partnership engagement will continue to grow and develop as time progresses in order to ensure we can promote, enhance and develop the activities we deliver.



# Extra Time Hub

## Case Study



The following case study has been developed during our Extra Time Hub activity. The activity aims to reduce social isolation in adults across the North Area of Barnsley. The delivery model of the activity is flexible and adaptable to ensure we can accommodate the needs of all in attendance. The activity enables continuous consultation with people to direct and shape delivery with participants identifying games, exercises or themes they would like the next week to be around.

The current participants identified that they were more interested in light exercise and board games.

One of our participants is Michael. Michael lives alone and is 82 years old, with his only remaining family living abroad. This limits the number of personal connections he has regularly. Due to this, Michael identified the session as something he was interested in and over the last quarter, he has attended on 11 separate occasions. Michael has participated in several activities and enjoys the variety on offer. This includes playing badminton, bocchia, quoits and numerous board games.

**“The games on a Thursday afternoon are a great chance to meet new friends and enjoy a good time. It has had a very positive effect on my life. The games keep my brain active and make me think. Being 82 and living alone, I look forward to it very much**  
**Michael**”

Due to attending the activities at Mapplewell and Staincross Village Hall, Michael has now extended his social circle and is actively joining in with other RitC initiatives.

**“It has been great to see Michael come out of his shell and engage in the activities here. You can see his confidence growing weekly, and it has been fantastic to see him join further activities to widen his social circle. I think the most impactful part of the activities has been the opportunity for Michael to communicate and find connections with others.**  
**Sean Margison**  
Health & Wellbeing Officer”

Michael is now a key part of the group dynamic and is often the member of the group that begins communication, and he is someone who is very welcoming of new attendees.

Michael will continue to attend and shape the activities on offer, and we would like to support Michael to become a volunteer and a participant in the session to further support him.



**TALK**

# TEAM

## SUPPORTING MEN'S MENTAL HEALTH

*Get involved in our weekly **#TeamTalk** at Honeywell Sports Campus. With opportunities to socialise and take part in a range of activities including, exercise sessions, pool, table tennis, darts and more!*

**EVERY THURSDAY**  
**HONEYWELL SPORTS CAMPUS**  
**6PM - 7:30PM**

**FREE TO ATTEND**

For further information contact us on **01226 211333**  
alternatively email **community@barnsleyfc.co.uk**



@bfccommunity



@redsinthecommunity



@redsinthecommunity





**REDS** IN THE  
**COMMUNITY**



**North Area Council**  
Darton East, Darton West, Old Town, St Helens

# REDS CONNECT EXERCISE

**FREE EXERCISE SESSION FOR ALL 16+**



NORTH AREA RESIDENTS  
ACTIVITIES INCLUDE CIRCUITS,  
BOXING EXERCISE, DANCE  
EXERCISE AND MUCH  
MORE

COME ALONG CONNECT,  
SOCIALISE AND EXERCISE!

**TUESDAYS**  
**6PM - 7PM**

**MAPPLEWELL & STAINCROSS VILLAGE HALL,**  
**S75 6AL**

FOR FURTHER INFORMATION CONTACT US ON 01226 211333  
OR EMAIL [COMMUNITY@BARNSELYFC.CO.UK](mailto:COMMUNITY@BARNSELYFC.CO.UK)



@bfccommunity



@redsinthecommunity



@redsinthecommunity

**FREE TO  
ATTEND**

# REDS CONNECT

## EXTRA TIME HUB

LOOKING TO SOCIALISE AND TAKE PART IN ACTIVITIES YOU DECIDE ON?

AT OUR EXTRA TIME HUB. IT'S YOUR TIME SO YOU DECIDE WHAT TO DO!  
EXERCISE, MUSIC, BOARD GAMES, DANCING OR JUST HAVING A CATCH  
UP AND A BREW.

**FREE TO  
ATTEND**



**THURSDAYS  
2PM - 3PM**

**MAPPLEWELL & STAINCROSS VILLAGE HALL  
S75 6AL**

FOR FURTHER INFORMATION CONTACT US ON 01226  
OR EMAIL [COMMUNITY@BARNSELYFC.CO.UK](mailto:COMMUNITY@BARNSELYFC.CO.UK)



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Changing the Relationship



Health & Wellbeing

# Stronger Communities

## Mapplewell & Staincross Greenspace & Recreation Group

### Mapplewell Park Cycle Track

## Programme Aims

- Increase the amount of exercise for children between 2 - 10
- Children become more confident as they develop a new skill
- The children gain a sense of ownership of their environment
- Children socialise with different children in the neighbourhood

- Satisfactory quarterly monitoring report and contract management meeting.
- Project milestones achieved
- Project outcome indicator targets met
- Overall project progress & achievements

### Narrative Update

Full narrative report is due after the opening ceremony







Changing the Relationship



Health & Wellbeing

# Stronger Communities

Mapplewell & Staincross Greenspace & Recreation Group

## Mapplewell Park Cycle Track







**Changing the Relationship**



**Health & Wellbeing**

# Stronger Communities



**Strong Mums**

- Satisfactory quarterly monitoring report and contract management meeting.
- Project milestones achieved
- Project outcome indicator targets met
- Overall project progress & achievements

## Performance Narrative Report

48 mums joined us on the September Couch to 5K programme from Darton and a satellite in St Helen's.

The ladies are now regularly meeting each other for their own independent runs during the week alongside our club runs.

Mother Runners continues to be a free club, and all our new members have commented on how important that is in the current financial climate.

I believe that the five ways to well-being have been met in our Couch to 5K 9-week courses, and look forward to continuing with the ladies on their journey post-graduation.

## Project Update

Since our successful completion of the first cohort, we have undertaken a new group of ladies in the St Helens area. This project was delivered differently, as a satellite to Mother Runners rather than part of the club itself. The reasoning for this was that our club is currently at capacity, but we wanted to offer the opportunity fairly across the different wards in Barnsley.

We took the Couch to 5K program to over 50 ladies across the St Helens ward and trained them for over nine weeks from no running experience to comfortably running or run-walking a 5 km distance.

## Programme Aims

- Improved mental and physical health of mums
- Decreasing social isolation
- Addressing financial hardship
- Encouraging mums to be active



## Strong Mums

### Achievements

**49**

Number of mums attending sessions in Quarter 1

Target: 15

**56**

Number of mums attending sessions in Quarter 2

Target: 20

### Project Update

We then encourage the ladies to continue to meet in smaller groups to motivate one another, and the most significant part of the project was discovering how from having zero confidence on day one, they had created such a positive community by the end of the nine weeks and were able to continue with running themselves.

The whole ethos of Mother Runners is exactly that, bringing together women who don't know each other to support one another on their running journey. Photographs are supplied below of some of our ladies who gave permission for their use.

### Case Study

As we moved into St Helens with our satellite project, a number of our existing volunteers came across to help train the groups. This time, they were taking groups out by themselves rather than being supervised as in the first cohort.

It was fantastic to see ladies who themselves have only been running since earlier in the year now training other moms. The amount of confidence that they now have and how much they support one another is just amazing.

We're really proud that in October, we were able to take six relay teams and ten 10-mile runners to the York Marathon, totalling 52 Mother Runners across all cohorts.

“

**Thank you for putting your trust in us  
Having the confidence that we would use the money appropriately  
The money has changed the lives for so many women  
improving confidence, mental wellbeing and physical fitness**

**Kayla Kavanagh**  
Director

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